

Essential Guide To Asthma

"This third edition of The Graying of America has been retitled, revised, and expanded. In concise, nontechnical language, it offers middle-aged and senior readers useful information on the effects of aging on health, the mind, and behavior"--Provided by publisher.

Explains asthma, including offering medical information, advice on how to deal with the condition, and candid stories from teens living with asthma.

The aim of this book is to provide a comprehensive and practical guide for developing and implementing an Objective Structured Clinical Examination (OSCE) for the medical educators/health sciences educators/tutors/faculty/clinicians/OSCE planners, who are involved in clinical teaching and assessment of students, trainees and residents. The book starts with the essential theoretical foundation before progressing to the practical implementation steps. It contains a good balance of medical education research and practical tips to provide readers an easy to digest, yet comprehensive, guide for the implementation of OSCE as an appropriate assessment tool. Contents: The Birth and Propagation of the OSCE The OSCE in the Context of a Holistic Assessment Value of the OSCE as an Assessment Tool Selecting the Skills to be Tested in an OSCE through Blueprinting Utilizing Different Formats of OSCE for Greater Efficiency Writing OSCE Stations Creating a Scoring Template for Assigning Marks Preparing Patients for the OSCE Preparing Simulators for the OSCE Preparing the Groundwork for Conducting an OSCE Determining Passes and Fails in an OSCE Post-Assessment Quality Assurance Feedback, Moderation, and Banking Helping Poorly Performing Students in an OSCE OSCE as a Tool for the Selection of Applicants Frequently Asked Questions about the OSCE Readership: Medical Educators, Health Science Educators, Clinicians, Tutors, Examiners, OSCE Planners, Trainees to prepare themselves to take OSCE. Key Features: The book is written not only to guide educators to develop and conduct OSCEs, but also for post-exam evaluation and analysis of such activity to assure quality assessment The book is also unique in the presentation of specific topics, such as OSCE for selection of candidates for a specific educational program, quality assurance, helping students with poor performance, where little is written in a book or a guide format. Also, for those who want to have a quick answer to their queries, a compilation of 'Frequently Asked Questions' is presented at the end of the book The three authors of the book from three different countries and with affiliations to reputed educational institutes world over (not only in their own countries), have substantial practical experience in developing, conducting and evaluating OSCEs. In addition they have wide international experience in working as resources persons for workshops and staff development programs on OSCE. All three are holding degrees in Medical Education as well as practicing physicians, with extensive experience in clinical teaching and assessment Keywords: OSCE; Clinical Assessment; Clinical Examinations; Simulated Patient; Standardized Patients; Standard Setting; Evaluation; Real Patient; Short Case; Long Case; Mini-CEX

If you, your child, or someone you know has recently been diagnosed with asthma, this book will provide you with practical information and advice to help gain speedy control of symptoms and in turn, improve quality of life.

Essential Guide to Reading Biomedical Papers: Recognising and Interpreting Best Practice is an indispensable companion to the biomedical literature. This concise, easy-to-follow text gives an insight into core techniques and practices in biomedical research and how, when and why a technique should be used and presented in the literature. Readers are alerted to common failures and misinterpretations that may evade peer review and are equipped with the judgment necessary to be properly critical of the findings claimed by research articles. This unique book will be an invaluable resource for students, technicians and researchers in all areas of biomedicine. Allows the reader to develop the necessary skills to properly evaluate research articles Coverage of over 30 commonly-used techniques in the biomedical sciences Global approach and application, with contributions from leading experts in diverse fields

School counseling is a rather specialized field, yet students entering it do not have a single, comprehensive resource to guide them through the process. This text covers all aspects of the practicum and internship experience, from the initial contact with your supervisor to detailed descriptions of each of the different roles you will have, and will help you gain an understanding of the school culture and how to begin thinking about and developing your own philosophy of school counseling. Specific topics covered include popular counseling theories used by school counselors; working with special populations of students; application of the ASCA ethical standards; the administration of day-to-day tasks, such as arranging an office space and managing your time; and elements of the guidance curriculum, including individual student planning, responsive services, and systemic support. Each chapter contains activities, case studies, hypothetical situations, and worksheets designed to facilitate your understanding of and role in the profession. All material presented is consistent with both the CACREP accreditation standards and the American School Counseling Association's National Model ®.

A guide for the layman to insure a complete understanding of asthma. Written by top specialists in the field. Full of essential info on where to go and who to see to survive this condition.

[Coding, Billing, and Practice Management, Second Edition](#)

[Oxford Handbook of Respiratory Medicine](#)

[Hidden Food Allergies](#)

[The Essential Guide to Aging in the Twenty-first Century](#)

[Asthma](#)

[Essential Guide to Acute Care](#)

[The Essential Guide to Fluticasone](#)

[A National Clinical Guideline](#)

[A Parent's Guide to Asthma](#)

[Essential Guide to Asthma](#)

[The Essential Guide to the Management of Asthma](#)

The second edition of Independent and Supplementary Prescribing builds on the success of this classic text by providing a unique resource for prescribing and medicines management for both new and experienced prescribers. This is an essential resource for anyone undertaking the non-medical prescribing programme. The book explores a number of key areas for prescribers, including the ethical and legal issues surrounding prescribing, prescribing within a public health context, evidence-based prescribing, basic pharmacology, medication safety, monitoring skills and drug calculations. Each chapter has been updated for the second edition and an additional chapter 'Minimising the risk of prescribing error' has been added. Written by a group of multi-professional authors working at all stages of the medication management process, this book will be essential reading for all nurses, midwives, pharmacists and allied health professionals qualified to prescribe as independent and/or supplementary prescribers.

A comprehensive guide to asthma examines symptoms, genetics and stress, food, exercise, and weather, and offers the latest information on treatment, in a question-and-answer format. Discover a wealth of important information about the drug, fluticasone inside my book, The Essential Guide to Fluticasone: Usage, Precautions, Interactions and Side Effects. A must-read book to learn about the conditions that fluticasone is used to treat through to the range of potentially life-threatening side effects and drug interactions that can occur while taking this commonly prescribed and over the counter (OTC) medication. Inside my new book you will discover: Fluticasone Brand Names. A comprehensive listing of fluticasone brand name medications in the United States, Canada and Europe, never be unsure about the medications you are taking again by being able to identify what brand name medications contain fluticasone. Medical Conditions Fluticasone Treats. Discover the wide range of medical conditions that a course of fluticasone can treat, cure and prevent. Know what your doctor or medical professional may prescribe for certain conditions before going into the doctor's office. Risks of Taking Fluticasone. As with all medications there are some inherent risks when taking fluticasone, learn what these risks are, how to identify them with your medical professional or doctor and what signs to look for in case of an emergency. Fluticasone Side Effects & Interactions. From drug interactions, allergies and more, discover the variety of interactions that you need to know about before starting a prescribed course of fluticasone medications and what to do if a reaction should occur during, before or after ending your prescribed or OTC course of fluticasone. Alternative Medications. A list of alternative medications that can be substituted for fluticasone to enable you to make an informed decision about your overall health care. This is especially useful for individuals concerned about the negative side effects or interactions with other drugs when taking fluticasone. Plus, so much more... Start reading my book right now and arm yourself with the information you need to make an educated decision when weighing the risks and benefits of taking the common prescription and over the counter (OTC) drug, fluticasone.

*The Essential Guide to Coding in Otolaryngology: Coding, Billing, and Practice Management, Second Edition is a comprehensive manual on how to properly and compliantly code for both surgical and non-surgical services. It is a practical guide for all otolaryngology providers in the United States, including physicians early in their career requiring a working knowledge of the basics, experienced providers looking to understand the latest updates with ICD-10-CM and CPT changes, related specialists (audiology, speech pathology, and physician extenders) providing otolaryngologic health care, and office administrative teams managing coding and billing. Included are sections on how to approach otolaryngology coding for all subspecialties in both the office and operating room. Foundational topics, such as understanding the CPT and ICD-10-CM systems, use of modifiers, managing claim submissions and appeals, legal implications for the provider, coding for physician extenders, and strategies to optimize billing, are presented by experts in the field. Focused on a practical approach to coding, billing, and practice management, this text is user-friendly and written for the practicing physician, audiologist, speech pathologist, physician extender, and coder. The income and integrity of a medical practice is tied to the effectiveness of coding and billing management. As profit margins are squeezed, the ability to optimize revenue by compliant coding is of the utmost importance. The Essential Guide to Coding in Otolaryngology: Coding, Billing, and Practice Management, Second Edition is vital not only for new physicians but for experienced otolaryngologists. New to the Second Edition: * Strategies for integrating revised guidelines for coding and documenting office visits * New and evolving office and surgical procedures, including Eustachian tube dilation and lateral nasal wall implants * Updated coding for endoscopic sinus surgery and sinus dilation * Billing for telehealth visits * Revision of all sub-specialty topics reflecting changes in coding and new technologies * New and revised audiologic diagnostic testing codes Key Features * All chapters written by practicing otolaryngologists, health care providers, practice managers, legal experts, and coding experts * Discussion of the foundations of coding, billing, and practice management as well as advanced and complex topics * Otolaryngology subspecialty-focused discussion of office-based and surgical coding * Tips on how to code correctly in controversial areas, including the use of unlisted codes * A robust index for easy reference*

Severe asthma is a form of asthma that responds poorly to currently available medication, and its patients represent those with greatest unmet needs. In the last 10 years, substantial progress has been made in terms of understanding some of the mechanisms that drive severe asthma; there have also been concomitant advances in the recognition of specific molecular phenotypes. This ERS Monograph covers all aspects of severe asthma – epidemiology, diagnosis, mechanisms, treatment and management – but has a particular focus on recent understanding of mechanistic heterogeneity based on an analytic approach using various 'omics platforms applied to clinically well-defined asthma cohorts. How these advances have led to improved management targets is also emphasised. This book brings together the clinical and scientific expertise of those from around the world who are collaborating to solve the problem of severe asthma.

Asthma is a disease of many faces and is frequently seen in children. This Monograph covers all aspects of paediatric asthma, across all ages, from birth through to the start of adulthood. It considers diagnostic problems in relation to the many phenotypes of asthma, covers the treatment of both mild-to-moderate and severe asthma, and discusses asthma exacerbations as well as exercise-induced asthma. The issue also provides an update on the pathophysiology of asthma, the role of bacterial and viral infections, and the impact of environmental factors, allergy, genetics and epigenetics. Finally, Offers a detailed guide for expectant women, providing advice on the physical and emotional changes of pregnancy, information on fetal development, and firsthand tips from experienced mothers.

[A Practical Guide for Physicians](#)

[Usage, Precautions, Interactions and Side Effects.](#)

[The Essential Guide to First-time Asian Mums](#)

[Personalizing Asthma Management for the Clinician](#)

[An Essential Guide](#)

[A Pocket Guide for Physicians and Nurses](#)

[The Essential Guide to Uncovering Hidden Food Allergies and Achieving Permanent Relief](#)

[Questions You Have, Answers You Need](#)

[From Pregnancy to Preschool](#)

[A Guide to High Blood Pressure](#)

[Pocket Guide for Asthma Management and Prevention](#)

A parent relates her experiences with her asthmatic child as well as giving reasons for forming the Mothers of Asthmatics network

'Asthma has become something of a modern epidemic. Twenty years ago it affected one in ten people. Now, one in five children and nearly as many adults suffers from it. And despite better, more help to all age groups in dealing with the growing problem, listing the many known triggers for the condition and giving advice on how to avoid them. And following the style established by her HANDBOOK contains case histories showing how individuals cope with asthma, as well as the various treatments available, both conventional and where sensible complementary. Packed with essential to do when faced with an asthma attack, THE ASTHMA HANDBOOK is THE guide for sufferers, friends and relations and it may even save a life.

This text presents primary care information for the nurse-midwifery scope of practice, including management of primary care problems in essentially healthy women, and the management/coordinating pregnant women with significant, established medical conditions. The text covers prevention, including lifestyle changes and immunizations; screening; management of common health problems in practice; and the presentation and management of common health problems in pregnancy.

Between 8 and 10% of children and 5% of adults suffer with asthma. A long-term condition, asthma is a common disease of the airways, caused by inflammation, resulting in symptoms of breathing. This informative, easy-to-read guide is written for those readers who are affected by this debilitating and sometimes serious condition. If they, their child or someone they know has recently been diagnosed, provide them with practical information and advice to help gain speedy control of symptoms and in turn, improve quality of life. This book explains the diagnosis and symptoms of asthma and looks at different groups. There is also a detailed section describing the differing treatment options. Another part focuses on how to use inhalers effectively. One chapter offers advice on how to recognise an asthma attack. Understanding asthma is the key to gaining control of the symptoms and enjoying life.

Hidden Food Allergies offers the key to permanent allergy-free health--without the need for medication or unnecessarily restrictive diets. In this valuable new book, leading medical authority on nutrition in Britain's top nutrition expert, Patrick Holford, identify the most common allergens, help readers diagnose an allergy, and provide a full action plan for allergy relief. Readers will discover: - All about food allergies- How they are different from food intolerances or sensitivities- How to prevent and solve childhood allergies- Exciting new findings on the relationship between food allergies, food addiction, and alcohol- How to manage allergies- The latest breakthroughs in allergy testing- How to follow elimination diets and reintroduce foods safely- How to guard against, treat, and reverse food allergy

Contents: definition; epidemiology; risk factors; mechanisms of asthma; diagnosis and classification; prevention; a six-part asthma management program (educate patients to develop a partnership with their doctor; assess and monitor asthma severity; avoid or control asthma triggers; establish medication plans for long-term management; establish plans for managing exacerbations; provide regular follow-up; patient education and the delivery of care; recommendations; glossary. Extensive references. Charts and tables.

What you really need to know, but no-one told you. The best-selling Essential Guide to Acute Care contains everything you need to know about acute care that you can't find in a standard textbook. This extensively revised and updated, presenting new oxygen guidelines, updated evidence and practice around sepsis, fluid balance and volume resuscitation, acute kidney injury, perioperative care, and more. It retains the accessible style and comprehensive coverage that has made Essential Guide to Acute Care essential reading for those who look after acutely ill adults. Throughout the book, 'mini-tutorials' explain thinking or controversies, and there are practical case histories to reinforce learning at the end of each chapter. The chapters are designed to be read by individuals or used for teaching material. Essential Guide to Acute Care: Provides up-to-date and practical guidance on the principles of acute care, written by experienced teachers and clinicians Offers a unique approach to the subject that is more than just a list rather than lists and 'recipes' Explains the altered physiology that accompanies acute illness in adults Includes learning objectives, self-assessment questions, and illustrative examples related to acute care. Essential Guide to Acute Care is an indispensable volume for medical students and newly graduated doctors; doctors training in medicine, surgery, anaesthesia and emergency medicine; advanced clinical practitioners and other health professionals working in acute and critical care; and teachers.

[Recognising and Interpreting Best Practice](#)

[Independent and Supplementary Prescribing](#)

[The BabyCenter Essential Guide to Pregnancy and Birth](#)

[A Definitive Guide to the Causes, Symptoms and all the Latest Treatments](#)

[Severe Asthma](#)

[Global Strategy for Asthma Management and Prevention](#)

[Asthma: a Guide for Patients](#)

[An Essential Guide to Developing, Implementing, and Evaluating Objective Structured Clinical Examination \(OSCE\)](#)

[A Guide to Evidence-based Integrative and Complementary Medicine](#)

[Expert Advice and Real-World Wisdom from the Top Pregnancy and Parenting Resource](#)

Offers information on asthma, from the physiology of an asthma attack to the latest treatments, with a section of frequently asked questions

The Royal Society of Medicine - Your Guide to Asthma is the patient's ultimate source of essential and invaluable information. Providing all the necessary facts, guidance and support, this book will enable the reader to make informed choices and regain control of their life. Written by two of the world's leading experts in this field, this book is the comprehensive guide to dealing with asthma in everyday life. Covering the reasons why so many thousands of people, young and old, suffer from the illness, the actual diagnosis and the tests that this involves, to explaining the variety of treatments on offer and how to manage the illness in your day-to-day life, this book will inform, reassure and support you, when you need it the most. The clear, straightforward design of the book together with original features

such as myth/fact boxes, key terms, question and answer sections and a chapter on who the patient/carer might meet in the NHS and their role in the treatment of the illness will prepare the reader for all that may lie ahead.

The American Medical Association sorts through a wide array of professional views to compile solid, clear-cut information on menopause in one comprehensive volume. Now, every woman can make informed health-care decisions with her doctor during this life-changing condition, and weigh individual needs and health risks in choosing the best treatments. From recognizing its earliest symptoms to reducing the potential of menopause-related health problems, here is everything you need to know about: Physical symptoms throughout all phases of menopause Feeling good emotionally Early detection of heart disease, breast cancer and other health risks Osteoporosis prevention-how to maintain strong, healthy bones Treatments including hormone replacement therapy, other prescription medications and complementary therapies Gynecological problems and procedures Lifestyle recommendations for fitness, nutrition and stress management Staying sexually active during menopause. The American Medical Association Essential Guide to Menopause includes a listing of brief touchstones to good health, "Your Menopause Health Priorities Checklist," as well as a detailed glossary of medical terms made easy. Now you can be prepared for the changes that come with menopause -- and feel assured and empowered -- with this authoritative, indispensable guide.

Respiratory ailments are the most common reason for emergency admission to hospital, the most common reason to visit the GP, and cost the NHS more than any other disease area. This pocket-sized handbook allows instant access to a wealth of information needed in the day-to-day practice of respiratory medicine.

Personalized medicine is a rapidly emerging area in health care, and asthma management lends itself particularly well to this new development. This practical resource by Dr. Stanley J. Szeffler helps you navigate the many asthma medication options available to your patients, as well as providing insights into those which may be introduced within the next several years. Features a wealth of information on available asthma medications, including new immunomodulators, new responses to treatment, and new treatment strategies at all levels of asthma care. Prepares you to meet your patients' needs regarding asthma exacerbation prevention and asthma prevention. Consolidates today's available information and guidance in this timely area into one convenient resource.

Includes valuable information about topics that concern lead poisoning, immunizations, autism, asthma, ADD/ADHD, lice, warts, colds, immune system, and many other topics that concern your child in one easy to read book.

Asthma: A Clinician's Guide incorporates the new National Heart Lung and Blood Institute's 2007 Guidelines for the Diagnosis and Management of Asthma (EPR-3) and emphasizes the importance of asthma control that has come to the forefront of asthma management. This vital text discusses the current data on genetics and strategies to overcome treatment disparities. With concise, evidence-based information in an easily accessible format, this book provides respiratory and pulmonary medicine students with a fundamental resource to better understand asthma and manage appropriate treatment for various patient populations. Each chapter includes an outline, objectives, and key terms with definitions Appendices include travel charts and school plans Guideline-based step management algorithms provided for each age group Peak flow charts and instruction guides are included Forms/templates provided for reproduction This user-friendly text is an essential reference for students and clinicians alike!"

[Primary Care of Women: A Guide for Midwives and Women's Health Providers](#)

[The American Medical Association Essential Guide to Menopause](#)

[The Asthma Handbook](#)

[A Clinician's Guide](#)

[The Ultimate Teen Guide](#)

[Paediatric Asthma](#)

[Mind, Body, and Behavior](#)

[Your Guide to Asthma](#)

[The Essential Guide](#)

[A Guide to Practicum and Internship for School Counselors-in-Training](#)

[Understanding Asthma](#)

The must-have integrative and complementary medicine reference from experts in the field This exhaustive textbook is ideal for anyone with an interest in integrative medicine in Australia; including General Practitioners, medical students, integrative clinicians and health practitioners. A Guide to Evidence-based Integrative and Complementary Medicine presents non-pharmacologic treatments for common medical practice complaints – all supported by current scientific evidence. These include Attention Deficit Hyperactivity Disorder (ADHD), asthma, insomnia, anxiety, depression and many more. This practical health resource profiles myriad approaches in integrative and complementary medicine including acupuncture, nutritional medicine, herbal medicine, stress management techniques, dietary guidelines, exercise and sleep advice, and advice for managing

factors. It also looks at complementary medicines that may impact the treatment of disease. A Guide to Evidence-based Integrative and Complementary Medicine of therapies from current research, particularly Cochrane reviews, systematic reviews, randomised control trials, published cohort studies and case studies. • easy access to clinical data on non-pharmacological treatments – including complementary medicines – for common diseases and conditions • instant advice on disease prevention and lifestyle issues • chapter summaries based on scientific evidence using the NHMRC guidelines grading system • printable patient summary sheets at chapter end to aid clinical management • conveniently organised by common medical presentations

Between 8 and 10% of children and 5% of adults suffer with asthma. A long-term condition, asthma is a common disease of the airways, caused by inflammation, leading to breathlessness, cough and wheeze. This informative, easy-to-read guide is written for those of you who are affected by this debilitating and sometimes serious condition. If someone you know has recently been diagnosed with asthma, this book will provide you with practical information and advice to help gain speedy control of symptoms and improve quality of life. This book explains the diagnosis and symptoms of asthma and looks at how it affects all age groups. You will also find a detailed section describing treatment options. Another part focuses on how to use your inhalers effectively. One chapter offers advice on how to recognise an asthma attack and how to deal with it. Understanding asthma is the key to gaining control of your symptoms and enjoying life. Author: Catherine Short

Written by a select panel of specialists, this book covers a wide range of topics close to every Asian parent's heart, including planning for a family, antenatal and postnatal care, breastfeeding, bonding with baby, the father's role, managing grandparents and domestic help, food and nutrition, and helping baby maximise his potential. With practical advice throughout the parenting journey, this comprehensive and easy-to-read book will be the guide that Asian parents will turn to for years to come.

[British Guideline on the Management of Asthma](#)

[Essential Guide to Reading Biomedical Papers](#)

[A Guide to Allergies](#)

[ABC's of Bumps & Bruises, a Guide to Home & Herbal Remedies for Children](#)

[A Guide to Bronchial Asthma](#)

[The Essential Guide to Coding in Otolaryngology](#)

[Asthma in Children and Adults – What are The Differences and What Can They Tell us About Asthma?](#)