

Firearm Instruction For Personal Defense And Protection

"The ... illustrated introduction to firearms from an experienced instructor"--P. [4] of cover.

Whether you are currently an instructor or want to be one, this is your guide! Mike Seeklander has been instructing professionally for more than fifteen years and has taken his success and blueprinted a set of processes that will help anyone who teaches anything become better at it. This book will teach you those processes. While Mike's primary experience is in firearms, tactics, and defensive tactics instruction, the system he uses and teaches is applicable in any instructional environment. No matter where and what you teach, these universal principles apply to you, and this book breaks them down into actionable components. If you are a new or aspiring instructor, this book is a must read for you! "A melting pot of lessons learned in reaching our most precious asset, our students!" "Inspirational! A testament to a man who has risen to the top of his profession,this book is a must read for anyone who wishes to teach, mentor, coach, or lead others." "Mike Seeklander is truly one of the most professional voices in the training community today. Not only is he personally an articulate communicator, but he also has an ability to help others convey information effectively to their own audiences." Included in the book is: SECTION I: WHY WE INSTRUCT CHAPTER 1: MY GREATEST RESOURCE15 CHAPTER 2: WHAT MAKES A GOOD INSTRUCTOR 21 SECTION II: THE ART OF INSTRUCTION CHAPTER 3: HOW WE LEARN27 CHAPTER 4: THEY WANT TO LEARN FROM YOU IF... (INSTRUCTOR CREDIBILITY)37 CHAPTER 5: BARRIERS TO LEARNING (THEORY OF A MISS) 47 CHAPTER 6: E.D.I.P. (WHAT-WHY-HOW)75 CHAPTER 7:

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P.E.S.O.S. AND THE REAL SECRET TO INSTRUCTING ... (SELLING 101)85 CHAPTER 8: THEY WANT TO CONNECT TO YOU IF... (COMMUNICATION 101)97 CHAPTER 9 THEY'LL WANT TO EAT NAILS IF... (ENERGY IS EVERYTHING) 109 CHAPTER 10: LEADERSHIP IN THE CLASSROOM by BRAD DELAUTER 115 CHAPTER 11: INSTRUCTIONAL TOOLS (LESSON PLANS, INSTRUCTOR GUIDES, ETC.)127 SECTION III: MANAGING A RANGE CHAPTER 12: SAFETY IS KEY145 CHAPTER 13: TRAUMA MANAGEMENT FOR THE ARMED CIVILIAN 149 CHAPTER 14: MANAGING THE RANGE ENVIRONMENT 159 CHAPTER 15: WHEN IN CHARGE, BE IN CHARGE (CONTROLLING THE LINE)163 CHAPTER 16: LEADING OTHER INSTRUCTORS169 CHAPTER 17: CHALLENGING YOUR STUDENTS171 SECTION IV: INSTRUCTOR DEVELOPMENT AND TIPS CHAPTER 18: INSTRUCTOR DEVELOPMENT177 And much more! For more training related products, please visit www.shooting-performance.com A priceless education for new handgun owners. An important refresher for experienced carriers. If you own-or are considering owning-a handgun, this book is a must, covering: - Tips for selecting the right gun for you - An exploration of shooting techniques - Guidance on developing an "armed" mindset - A realistic look at what happens in a gunfight - Crucial advice for dealing with law enforcement - Suggestions for dealing with anti-gun sentiment Timely because more states continue to pass concealed-carry legislation, this comprehensive handbook contains information on current state regulations, beginning and advanced shooting instruction, and updated safety advice. This guide covers everything needed to understand these subjects and offers tips on the importance of self-protection, selecting and buying a handgun, and methods of concealing weapons. In light of the current problem of violence in schools, this edition also offers

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detailed instruction on how to avoid all violent encounters. Information on the mental ramifications of self-defense is included as are actual stories of incidents of concealed-carry self-defense.

Your Ultimate Resource for Practical Personal Protection
Concealed Carry Class: The ABCs of Self-Defense Tools & Tactics is a comprehensive guide to recognizing, avoiding and surviving violent confrontations. It covers everything from situational-awareness skills that can be honed to help keep you and your loved ones out of potentially dangerous scenarios; to the mental discipline it takes to carry a concealed weapon every day; to evaluating and selecting concealed-carry hardware, including handguns and calibers, holsters and clothing; to training drills you can use to become proficient with a handgun, and remain proficient through regular practice. Author Tom Givens has more than four decades of experience as a firearms instructor, has carried a gun professionally in one form or another for 50 years, and spent 25 years in various aspects of law enforcement and specialized security work, with stints in street patrol and investigations. Givens also owned and operated a firing range and training center for more than 18 years. During that time, he oversaw the firing of about 1.5 million handgun rounds each year, with all types of handguns. He trained about 2,500 students each year, including private citizens, security personnel and police officers, military police, intelligence units and Special Forces detachments. He has been involved in armed confrontations both as a police officer and as a private citizen, and has seen firsthand how decent people, with proper training, can fight back and overcome criminal attacks. Tom Givens calls on decades of firearms and law-enforcement experience to put together this practical collection of tips and tactics anyone can use for the safe, responsible and legal carrying of a concealed weapon.

YOUR DEFENSIVE HANDGUN TRAINING PROGRAM

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(BOOK) Another great performance enhancing product from Shooting-Performance (www.shooting-performance.com), Your Defensive Handgun Training Program is a cutting edged functional training program designed to develop the skills needed to survive a high stress encounter while using the most commonly carried weapon system in the U.S., the handgun. If you are armed and carry a handgun daily (CCW holders, Law Enforcement Officers, etc.), get the tools to prepare yourself for the fight of their life. This book is your answer! While there are numerous "tactical" handgun books out there, some with good material, most do not address the "how to train" question. This book is different, and includes a full training program including training drills and a schedule to follow. The techniques in this book can be applied to any type of handgun, so no matter what you carry, this program is for you! Training drills or technique alone do not address the complex needs of someone during a high stress encounter where lethal force might be needed, and this book contains an entire program dedicated to all aspects of training for a fight. THIS STEP-BY-STEP GUIDE TO MAXIMUM PERFORMANCE INCLUDES: * Carry Gun Selection and Modification* Legal Considerations (written by Marty Hayes)* Mental Preparation* Physical Preparation* Firearm Skills Development* Alternate Methods of Training* The Training Design Cycle* High Performance Handgun Marksmanship and Manipulation Techniques* Close Quarters Techniques* Low Light Techniques* And much more! For the total immersion experience please strongly consider buying the DVD set or Vimeo Download (<https://vimeo.com/ondemand/defensivehandgun>) that was designed to be used in this program!

Provides instructions on how to use handguns for personal defense and protection, describing the types of people who should not own guns, and discussing psychological preparedness, basic tactical self-protection tools, handling and

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maintenance, ammunition, revolvers, semi-automatic pistols, holsters, safe operation and range procedures, safe shooting and survival procedures, and other topics.

The indispensable, foundational guide to defending yourself and your loved ones with a firearm, covering the philosophy, psychology, politics and practicalities of concealed carry.

Written by experienced firearms instructors and founders of concealed carry organizations who have trained thousands of people to become safe, responsible concealed carriers. Clear, unambiguous perspective and advice that equips you to defeat any aggressor - and survive the legal aftermath. Full-size 8"x10" format with large, clear print and illustrations. Ideal for anyone considering owning or carrying a defensive firearm.

FIRST OF ALL, DENIAL CAN KILL YOU. It's a dangerous world - make no mistake. But should you carry a gun? What does carrying a concealed firearm - day in, day out - really mean: to you, to your family, to your community? Under stress, could you assume the correct stance, control your breathing, draw your weapon smoothly, grip it firmly, bring it up to aim, and squeeze the trigger as many times as necessary... Calm in the knowledge you were fully justified, and well-prepared for the outcome of your defensive actions? Unlike any other book, CARRYING A GUN dives into the true fundamentals of what going armed really means to you: the law-abiding citizen dealing with the fact that we live among predators. Starting with the philosophy of self-defense, the authors ask and answer core questions about the nature of violence, justice, morality, culture, tradition, rights and responsibilities. Familiarity with the answers to these questions will enable you to defend yourself not only in the court of public opinion but on the street: to act quickly, decisively and with ruthless effect when seconds count. Continuing with the psychology of self-defense, CARRYING A GUN lays out what to expect before, during and after a threat. Those who have been in combat know there is

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nothing like it in human experience: being prepared for what you will feel in the pivotal moment of fight or flight can make the difference between life and death. CARRYING A GUN goes on to calmly, rationally and authoritatively discuss and illustrate the vital practical elements of the choices you will need to make as one who has decided to protect themselves and others from a violent world by possessing the means and the will to deal deadly violence. Which caliber? Which gun? Which method of carry? How to assess a threat? How to remove the threat? What to do in the aftermath? How to defend one's home? How to do all this within the letter and the spirit of the law? No book can give you the ability and experience to shoot straight under pressure: that is what real-world training is for. CARRYING A GUN prepares you for that training, endowing you with the key knowledge that ensures you will use your training well and wisely - and that you will be the one who walks away from any violent encounter alive, with your head held high. About the Authors: Nick Dahlberg and Chris Schutrop own Midwest Carry Academy and National Carry Academy, two training organizations that get people qualified for their concealed carry permits and more. They have many years of experience in firearms training, having made thousands of people more proficient with their handguns and black rifles. They are also the founders of Stock and Barrel, a firm which builds and manages luxury shooting ranges. Stock and Barrel ranges are open to the public in Chanhassen, MN and Eagan, MN.

[For Personal Protection](#)

[The Concealed Handgun Manual](#)

[USCCA Edition](#)

[Mentality Tactics Training](#)

[What You Need to Know](#)

[The Ultimate Handgun Training Manual](#)

[Taking Your First Shot](#)

[Simplified Course Outlines](#)

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[A Women's Guide to Handling Guns - A Woman's Self-Defense Shoot Straight, Shoot Safe, and Carry with Confidence From the Program: Your Competition Handgun Training Program](#)

[Quotes of a Gun God - Jeff Cooper's Concised Lessons Your Defensive Handgun Training Program](#)

[The Handgun Guide for Women](#)

UNLOCK THE FULL POWER OF THE KUBOTAN KEYCHAIN! With over 290 photographs and step-by-step instructions, **Kubotan Power: Quick and Simple Steps to Mastering the Kubotan Keychain** is the authoritative resource for mastering this devastating self-defense weapon. In this one-of-a-kind book, world-renowned self-defense expert, Sammy Franco takes thirty years of real-world teaching experience and gives you quick, easy and practical kubotan techniques that can be used by civilians, law enforcement personnel, or military professionals. **Kubotan Power Teaches You:** How to choose the right kubotan for self-defense Tactical flashlight conversions Real world self-defense applications Kubotan hand grip techniques Essential do's and don'ts High and low concealment positions Kubotan striking techniques Escapes from grabs and choke holds Kubotan deployment techniques Target awareness and medical implications Kubotan defensive techniques Kubotan takedown techniques Training and flow drills Ground

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**fighting with the kubotanAnd much, much more
THE KUBOTAN MYSTERY IS FINALLY GONE!**

The Kubotan is an incredible self-defense weapon that has helped thousands of people effectively defend themselves. Men, women, law enforcement officers, military, and security professionals alike, appreciate this small and discreet self-defense tool. Unfortunately, however, very little has been written about the kubotan, leaving it shrouded by both mystery and ignorance. As a result, most people don't know how to unleash the full power of this unique personal defense weapon. But with Kubotan Power, the mystery is finally gone! Everything you wanted to know about this unique personal defense weapon can be found in this unique how-to book. Whether you are a beginner or advanced, student or instructor, Kubotan Powershows you how to protect yourself and your loved ones against any thug you're likely to encounter on the street.

"Serves the needs of the gun owner; the experienced shooter; those who own a weapon strictly for home-and self-defense; the military member who wants to become a better shooter in defense of our country; the law enforcement officer who risks his or her life going against the thugs of our society; and anyone interested in learning the defensive and tactical training

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techniques from some of the best and most experiences shooters in the world." -- Cover, p. [4]

Concealed Carry and Home Defense

Fundamentals is a comprehensive guide for anyone considering owning or carrying a firearm for self defense. The book is a complete guide to understanding conflict avoidance & situational awareness; handgun & shotgun basics; shooting fundamentals; the physiology of violent encounters; the legal aspects of using deadly force (including knowing what to do in the aftermath); and a complete guide on gear, gadgets, and ongoing training.

Numbers don't lie; more and more women are purchasing guns and learning to shoot! While shooting used to be a male-dominated sport, women across the country have begun discovering that a trip to the range not only is relaxing, but also brings with it a sense of strength and empowerment. **Taking Your First Shot** is an introductory guide perfect for either those stepping out onto the range for the first time or those looking to brush up on their skills. Author Lynne Finch coaches women on the decision to learn to shoot, how to find formal training, selecting and purchasing a handgun, defensive versus practice ammunition, storing and caring for your gun, and concealed carry

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options. Along with learning the shooting basics, Finch also teaches readers the importance of situational awareness and the basics of self-defense. Sometimes a gun isn't always an answer, and it's important to have a proportional response to the situation. Finch begins with teaching readers how to become aware of their surroundings, what to watch for, and how to respond. From there, she goes on to define proportional response and why carrying pepper spray, a kubotan, or even a whistle can make all the difference. Learning to shoot is a personal decision, but with the proper training and practice, shooting can become both an enjoyable and liberating sport.

In this insightful analysis of shooting and fighting instruction, noted firearms expert Ralph Mroz examines the myths and misinformation that plague the gun community. From the five deadly training traps to unrealistic training exercises to concealed-carry mistakes, Mroz offers solutions to help defensive shooters snap out of their routines and become better and safer with their firearms. Mroz, whose articles have appeared in *Combat Handguns* and *Guns* magazines, takes a no-nonsense approach to such topics as the need for empty-hands skills, range training vs. real-world training, the problem of range standards, understanding and

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developing startle recovery, and more.

LEARN THE SIMPLEST, MOST EFFECTIVE SELF-DEFENSE STRATEGIES EMPLOYED BY TOP SECURITY EXECUTIVES AND BODYGUARDS! PRESENTED AND EXPLAINED IN EASY TO READ, EASY TO LEARN LANGUAGE! NEVER FEAR FOR YOUR SAFETY AGAIN! Violent crime has risen to record-breaking heights and continues to increase. In 2012, there were an estimated 1,214,462 violent crimes in America, and aggravated assault accounted for 62.6 percent of violent crimes reported to law enforcement. While self-defense classes teach us how to defend ourselves against some threats, some are not so easily defeated. Follow along as veteran security consultant David J. Mathena teaches you how to defend yourself against even the most violent of criminals – without resorting to violence! His non-violent avoidance methods take the guess work out of crime prevention and gives you a 100% chance of survival!

"Your Defensive Rifle Training Program" is the ultimate functional training program designed to develop your skills while using the superior weapon system, the rifle. Whether you are an armed citizen, Law Enforcement Officer, or member of the U.S. Military that uses a rifle as a home defense or tactical tool, success requires

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an incredible amount of skill. Don't make the mistake of being the one who fails to prepare yourself for the fight of your life! The book is written for AR-15 type rifle systems, but also covers training with and the use of several other variations of rifles, including manually operated rifles. THIS STEP-BY-STEP GUIDE TO MAXIMUM PERFORMANCE INCLUDES:

- Rifle Selection and Modification (including caliber and rifle length consideration guest chapters written by key experts)
- Mental Preparation
- Physical Preparation
- Firearm Skills Development
- Alternate Methods of Training
- The Training Design Cycle
- High Performance Rifle Marksmanship and Manipulation Techniques
- Rifle Retention Techniques
- Close Quarters Techniques
- Low Light Techniques

And much more!For the total immersion experience please strongly consider buying the DVD set or Vimeo Download

(<https://vimeo.com/ondemand/defensiverifle>) that was designed to be used in this program!

The perfect book for any woman who is interested in purchasing, selecting, and owning a gun, from her first to her five-hundredth firearm. The Handgun Guide for Women gives a public voice to the legions of female gun enthusiasts in the United States. It is a common sense, step-by-step guide to making the

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decision to purchase a gun, selecting the correct gun, securely keeping a gun in the home, and maintaining the proficiency necessary to be a safe gun owner 100 percent of the time. The book also defies the theory among the popular media that women are, by their maternal nature, anti-gun. Author Tara Dixon Engel, an NRA-certified instructor in handguns, rifles, shotguns, personal defense, and home defense, writes that women should be gun advocates. A firearm is often the one thing that stands between your family and a predator. The Handgun Guide for Women reflects a passionate belief in the Second Amendment. It is a straightforward and meticulously clear representation of the responsibilities involved in gun ownership and is the perfect book for anyone who is considering owning a gun or who has been a proud gun owner for many years.

[Firearm Instruction for Personal Defense and Protection](#)

[Essential Guide to Handguns](#)

[Quick and Simple Steps to Mastering the Kubotan Keychain](#)

[A Beginner's Guide to Buying and Owning Firearms](#)

[The ABCs of Self-Defense Tools and Tactics](#)

[Competition Handgun Training Logbook](#)

[Defensive Revolver Fundamentals](#)

Self Defense

Your Competition Handgun Training Program

Self-Protection: The Art of Preventative Self

Defense

A Females Guide to Concealed Carry

Guns 101

FIREARMS INSTRUCTOR'S MANUAL

The Modern Day Gunslinger

Another excellent performance training product from www.shooting-performance.com, Competition Handgun Training Drills contains the drills (and only the drills) found in the program in my book "Your Competition Handgun Training Program". These drills are designed to teach the shooter the critical skills necessary to excel in practical shooting. It is meant to be used as a range guide for those that do not want to print the drills, or by shooters that want to use the drills to design their own program. The full training program is recommended for those wishing to really excel. If you have this book, and are interested in the full program, please visit www.shooting-performance.com to purchase it or other books and DVD's. Thanks for your interest in Shooting-Performance!

It's no secret that violent crimes against women are on the rise. Inside my new book, A Females Guide to Concealed Carry: How to Arm Yourself for Security, Protection and Self Defense, you will learn how to increase your personal safety, become aware of your surroundings and, if required, defend yourself

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effectively should you get attacked. More and more women are purchasing firearms for personal safety and in this female self-defense guide you will learn the following: How to Purchase Your First Handgun. Ammunition Caliber for Self Defense. Try Before you Buy. Firearm Training & Gun Classes. Shooting Practice & Local Ranges. Concealed Carrying for Women. Shooting and Self Defense. How to Avoid Becoming a Target. Female Self Defense Overview. Plus, so much more... Learn how to protect yourself, how to avoid becoming a victim of a serious crime and how you can defend yourself in this must-read book if you are a woman wanting an advantage over any potential aggressor. Women's safety should be important to everyone yet, there is still an increase of crimes against women on a daily basis, don't become just another statistic, take a stance against violent criminals, protect yourself, your family and your loved ones by putting the information inside this guide to good use.

Discover 'Self Defense: Mentality Tactics Training ' from renowned firearm instructor Omer Aswad. This book will change your view on self-defense. You will have better understanding of the criminal mindset, and understand how to change your mentality to avoid being a victim. This will be your blueprint for smarter, easier and more intuitive self-protection without the years of training or complicated lessons.

- Do you want to learn how to use psychology 'hacks' to prevent violence before it happens and stay in control? - Learn how to really use everyday

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objects as weapons - How to secure your house, your car and even your hotel room. - How to choice the right gun to carry and defend yourself - Understand how to identify a threat before it ever happens And more!

A total of 648 state and local law enforcement (LE) academies were providing basic training to entry-level recruits in the U.S. State agencies approved 98% of these academies. This report describes the academies in terms of their personnel, expenditures, facilities, curricula, and trainees using data from the 2006 Census of LE Training Academies (CLETA). The 2006 CLETA collected data from all state and local academies that provided basic LE training.

Academies that provided only in-service training, corrections and detention training, or other special types of training were excluded. Federal training academies were also excluded. Academies prepared trainees for a LE career in a variety of settings.

Charts and tables.

Progressive, Practical Revolver Training Defensive Revolver Fundamentals is the complete guide to self defense with the original defensive firearm: the revolver. In this authoritative guide, you'll learn: The revolver's advantage in defensive shooting. Carrying a concealed revolver. Reloading the revolver under stress. How to defend against a violent, surprise attack. Dealing with more than one aggressor. Understanding how your body's natural reaction to a surprise attack should influence your training. And much, much more! "The defensive revolver isn't an

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antiquated afterthought. It's a legitimate option that deserves a progressive and practical training approach, which is exactly what Grant presents in this book." --Rob Pincus, I.C.E. Training Company

Considering buying a self-defense handgun? Have questions about concealed carry? Don't know where to turn? It's All Here—in **Defensive Handgun Skills!** Written by certified firearms trainer David Fessenden, **Defensive Handgun Skills** is a simple, easy-to-follow guide to the techniques involved in carrying and using a defensive handgun. Written for the beginner, **Defensive Handgun Skills** contains a wealth of valuable information, including **Handgun Safety Gripping the Handgun The Combat Stance Loading and Reloading Aiming to Hit And Much More!** For a simple, illustrated approach to learning the essentials of using the self defense handgun, there's no better volume than **Defensive Handgun Skills!**

Some Comments from Len's Students... "I want you to know that in my many years of being a student, you easily rank as the best teacher I have ever had. Your skill and patience has made me infinitely more comfortable with my weapons and myself. The next class you teach, I'll be there in a heartbeat. I'm sure you don't have to be reminded of the multitude of people you have touched and the positive impact you have had on firearms training overall." Bob Patridge "Len has taught me to effectively and safely use a handgun and rifle and for that I will always be grateful. I look forward to the time I spend once or

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twice a week under his instruction. Len has created a wide range of firearms training programs out of virtually nothing and trained a sizeable and competent cadre of firearms instructors who, like me, greatly respects the man. He is engaged with his students and always approachable. Students who have shot much longer than me comment on his great depth of knowledge and ability to improve their shooting. He clearly loves to teach the material and his enthusiasm is contagious. He has a great sense of humor and makes his classes a lot of fun. But in spite of all of this the safety of his students is always his first concern.” Dr. Noel Pillman, MD “I am a retired police officer and a former police firearms instructor for over 20 years. I have been to numerous firearms training classes over the years but have not had any instructors more professional, knowledgeable, and dedicated to what they do than Len Breure.” Maurice Merabella "Len was my first real 'tactical' instructor a few years ago. He is a thorough, safe, and well versed instructor. His teaching style is unique in a way that clearly conveys lessons and makes them easy to understand for experienced shooters and novices alike. Len brings a wealth of prior "been there, done that" experience to the table that's an asset to his teaching, and is rarely found in many of the new instructors that have come to the arena since most states have enacted concealed carry laws. I continue to train with a variety of tactical instructors, and am always amazed by how much of the information Len

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taught me is still the foundation upon which I build." Mike VanMeeteren "I have been fortunate enough to receive numerous training courses that were being taught by Len Breure. In my opinion, Len is one of the best in the business! It is very rewarding to be able to learn from someone who has the experience and knowledge to take tactical training to the next level." Jim Bryant I first meet Len while taking my Minnesota Concealed Carry Course in 2005. Since that time I have taken every course that Len teaches. In my opinion Len is the consummate professional, who teaches with passion and an incredible degree of knowledge. I would strongly urge anyone interested in personal protection to take Len's courses. Mike Pingel

This practical, comprehensive, and thorough Concealed Carry and Handgun Reference Book will help you take responsibility and prepare for your own Self Defense and Personal Protection. Col Ben's book is designed for both NEW and EXPERIENCED shooters and is a must read to help you properly use and handle your handgun in various situations. It is formally endorsed by two Concealed Carry organizations and supported by others. The book's 57 Chapters and 245 images, exhibits, and checklists will help you discover many useful tools, techniques, tactics, and tips for concealed carry, as well as the essentials for self defense and proper handgun skills. Col Ben calls on his 30-years of Air Force service and years of handgun and concealed carry teaching experiences to give you some helpful

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guides and tips. Selected TOPICS include: A Concealed Carry Checklist with 12 Key Carry Guidelines 8 Fundamentals of Shooting with Tips for Trigger Control, Sight Alignment, Grip, Stance, etc. Top 21 Concealed Carry Handguns with detailed comparisons and rankings The 13 Methods of Carry with comparisons & helpful photos Overcoming the 7 common carry and new shooter Mistakes Criteria for selecting your personal Handgun, Holster, and Gun Belt Legal issues & consideration in the use of Deadly Force Understanding the Criminal Mindset for Situational Awareness Stand Your Ground, Brandishing, Warning Shots, & Disparate Force issues The best technique for Racking any pistol slide Proper Draw from concealed carry with steps and tips Dealing with the various handgun Malfunctions & Stoppages Suggested practice Drills for accuracy and speed Attacks by dangerous Dogs; Traveling Safely & Legally on Airlines with Guns & Ammo, etc. This book has a wealth of useful and contemporary information for its reasonable price and is an easy-to-read resource and an excellent Reference manual for your bookshelf. Every truly responsible gun owner must read this from cover to cover. You will gain new hands-on insights that just might help save your LIFE."

[The LGBT Guide to Concealed Carry](#)

[Concealed Carry and Home Defense Fundamentals](#)

[A Functional Training Program for Defensive Handgun Purposes](#)

[Understanding the Use of Handguns for Self-Defense](#)

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[Defensive Handgun Skills](#)

[NRA Guide to the Basics of Personal Protection in the Home](#)

[Real Knockouts](#)

[State and Local Law Enforcement Training](#)

[Academies \(2006\)](#)

[The Art of Instruction](#)

[Your Defensive Rifle Training Program](#)

[Your Guide to Fundamentals for Self-Protection](#)

[Handgun Training for Personal Protection](#)

[Protecting Your Life With the All-American Firearm](#)

[A Comprehensive Guide to Using Firearms for Self-Defense. Foreword by Massad Ayoob](#)

Professionally Jeff Cooper is not a shooter but his findings are considered as reference by the leading shooters. It was his research that led to the modern technique of using pistol. His Principles of Personal defense is the best study of the guiding principles of survival. There is no doubt that he is one of the true pioneers of weapon craft in the United States. Cooper ' s principles apply regardless of what means of self defense you ' re studying. His perspectives have become the foundation of all modern defense instruction, books, magazine, articles and firearm schools. As the founder of Gunsite he continued to educate others about the modern technique of firearms. In this book, ' Quotes of a Gun God - Jeff Cooper's Concised Lessons ' , we have made an effort to include some of his powerful quotes along with his brief life story.

This book can save your life! The best defense for any scenario is to be prepared. The Gun Digest Book of Combat Handgunnery prepares you for potential life-threatening situations with practical instruction and expert guidance.

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Author Massad Ayoob teaches you the skills to keep you and your family safe in any violent encounter, including: Selecting the right pistol, ammunition and holster How to use and accessorize your handgun Close-quarter battle techniques used by law enforcement and the U.S. military In addition to the tactical aspects of self-defense, Ayoob also covers practical information about selecting a used handgun and the legal aspects of self-defense with a firearm. Firearms technology and tactics change throughout the years, which is why the updated 6th edition of *The Gun Digest Book of Combat Handgunnery* is essential to the well-being of you and your family.

Remember, your best defense is to be prepared.

It ' s no secret that violent crimes against members of the LGBTQ community are on the rise. Inside my new book, *The LGBTQ Guide to Concealed Carry: How to Arm Yourself for Security, Protection and Self Defense*, you will learn how to increase your personal safety, become aware of your surroundings and, if required, defend yourself effectively should you get attacked. More and more individuals who identify as LGBTQ are purchasing firearms for personal safety and in this LGBTQ self-defense guide you will learn the following: How to Purchase Your First Handgun. Transgender Identification Issues. Ammunition Caliber for Self Defense. Try Before you Buy. Firearm Training & Gun Classes. Shooting Practice & Local Ranges. Concealed Carrying for LGBT Individuals. Shooting and Self Defense. How to Avoid Becoming a Target. LGBT Self Defense Overview. Plus, so much more... Learn how to protect yourself, how to avoid becoming a victim of a serious crime and how you can defend yourself in this must-read book if you are an LGBT individual wanting an advantage over any potential aggressor. The

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LGBTQs community safety should be important to everyone yet, there is still an increase of crimes against LGBTQ individuals on a daily basis, don ' t become just another statistic, take a stance against violent criminals and homophobic individuals, protect yourself, your family and your loved ones by putting the information inside this guide to good use.

The handgun is no longer a product purchased and used in an unaltered state. A vast assortment of accessories, including high performance sights, weapon lights and laser aiming devices have not only enhanced the handgun, they have changed the methodology and mindset of personal protection. In *Handgun Training for Personal Protection: How to Choose & Use the Best Sights, Lights, Lasers & Ammunition*, the first comprehensive book of its kind, shooting expert Richard A. Mann explores the world of these exciting advances and what they mean to your self-defense practices. Inside you'll find: How lasers, lights and sights are valuable in a defensive situation. Techniques for training with lasers, lights and sights that develop and reinforce effective use of the handgun in a defensive situation. A comprehensive explanation of sighting tool functionality. Information on the latest equipment options. "This book belongs in every shooter's library. Mann provides a practical, hands-on guide to working with your handgun and the equipment that goes with it. Along the way, common misconceptions are corrected, and often neglected topics are explained. This book will become your go-to reference." ~Il Ling New, Gunsite Instructor "You will read it again and again, as your defensive ability and understanding grow. Take it to heart; it just might save your life." ~Sheriff Jim Wilson, Senior Field Editor, NRA Publications

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Women's Studies: Essential Readings provides a wide range of readers with an entirely comprehensive selection of over 140 readings on women's studies, representing the entire diversity of current feminist thinking. The book is divided into fourteen sections that reflect primary topics within women's studies, covering theory and perspectives, including: feminist social theory; psychological and psychoanalytic theory; cross-cultural perspectives and historical perspectives, as well as themes such as: education and work; marriage and motherhood; sexuality; the law; crime and deviance; politics and the state; science, medicine and reproductive technology; language and gender; feminist literary criticism; and the media tool Features: Introductions to each section provide an overview of the main issues and debates. Commentaries on each extract locate the work of individual authors within wider debates and identify the perspective from which they are writing. Each section contains a guide to further reading. This manual has been written with the Law Enforcement Firearms Instructor in mind. It is an attempt to save the instructor time by furnishing already prepared outlines that cover most of the subject currently taught by and to law enforcement personnel. The purpose of the manual is twofold: First, it can be used by current firearms instructors as a handy reference guide and also as a way of keeping all of the firearms outlines in one simple format. By preparing the manual in this fashion, all of an instructor's outlines are easily accessible should an instructor's class be challenged by the legal system. Secondly, this manual can be used as the text for firearms instructor initial certification classes. Once the new instructor completes the basic certification course, he or she will have a complete set of outlines that can be used for teaching their

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classes. The first four outlines in this manual (The Role of the Firearms Instructor, Safety Responsibilities, Record Keeping, and Discipline) are generally used during instructor development classes. The rest of the outlines, while also used in instructor development classes, are also appropriate for basic recruit classes as well as classes that are designed for in-service personnel. The Appendix contains material that can be used as class handouts or made into overheads for class presentations. Some of the courses can be used for general firearms qualification, while others are used for training a specific skill, such as linear and lateral movement or multiple attackers. The manual has been written to take the pain out of the "office work" part of being a firearms instructor and to give the instructor more time to teach.

From the highly acclaimed author of *Fundamental Handgun Mastery* comes an all-encompassing book that gives you an undeniable edge in safety and protection. *Personal Defense Mastery* takes self-defense and the protection of your family and loved ones to an entirely new level! *Top Firearms Instruction's* second book expands, connects, and transcends the principles of protection to every conceivable arena. In a world of potential threats, fear is not necessary but education and empowerment are. Join us for this second installment as Tyson Kilbey once again delivers valuable, actionable information about the self-defense mindset, empty hand self-defense, weapons, defensive driving, firearms, training and more. Regardless of your age, size, or level of training, *Personal Defense Mastery* will give you the decisive edge over anyone or anything that tries to do you harm!

?Armed Response? is a comprehensive guide for using firearms for defense before, during, and after, a life threatening assault.

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From learning what to ask yourself before deciding to carrying a gun, how to choose a gun that's right for you, what to look for in holsters, how to carry a concealed gun, proper training techniques, and the legal issues and implications of using of lethal force, 'Armed Response' is, by far, the most complete resource available. This book is the culmination of hard-learned experience and instruction from internationally recognized use of force instructors. These are valuable real-life lessons about preparing to face a lethal threat, winning a gun fight, and surviving the ensuing court battle that can not be found outside of expensive tactical schools. WHAT THE EXPERTS SAY "An excellent starting text for the first-time gun owner or the citizen just beginning to explore armed self-defense." Massad Ayoob - Director, Lethal Force Institute "'Armed Response' is the best and most complete overview of defensive shooting that I have seen. Anyone interested in using a firearm for self-defense purposes needs to read this book. It will save you a lot of money, a lot of time... and possibly much more!" Ralph Mroz - Police trainer and author "If you are considering a concealed carry weapon, David Kenik's 'Armed Response' is an excellent source of knowledge that covers the logical steps to going armed in the 21st Century." Ken Hackathorn - Author and tactical small arms instructor "This book is a solid must read for someone breaking into practical, tactical handgun self-defense and a great reference text for an old-hand." Hock Hocheim - Military, civilian, and police martial arts trainer and consultant "Defending the family against a terrorist or criminal is not the same as shooting a paper target, thus firearm enthusiasts need direction if they are to be successful at their defensive goals. They will set off on the right track and find everything they need in this book. I

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recommend it highly." Gabe Suarez - Internationally recognized authority on reality-based combat training" David Kenik is the 'every man' of defensive firearms... a refreshing change in a world full of self-professed experts and weekend commandos. 'Armed Response' is a well thought out book on what is needed for personal defense with a firearm. Heed its lessons." Dave Spaulding - Law enforcement officer, defensive trainer, and writer

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[The Gun Digest Book of Combat Handgunnery](#)

[The Physical Feminism of Women's Self-Defense](#)

[Your Complete Guide to Instructional Excellence](#)

[Competition Handgun Training Drills](#)

[Armed Response](#)

[Concealed Carry and Handgun Essentials](#)

Another great resource from Shooting-Performance.com, this logbook is pre-formatted to work directly with the full training program that can be found in "Your Competition Handgun Training Program." It includes a goal setting and mental program worksheets, dry-fire, live-fire, and

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match log pages as well as the skills test and tracking sheet. Training is the key to your success, but without tracking you lose half of its value. Use this logbook to track your results!

Another excellent performance training product from Shooting-Performance (www.shooting-performance.com), this book will give you a complete and functional training program designed to introduce and dramatically increase skills needed to perform your best in practical handgun competitions. No matter where you are in your skill level, this book will take you higher.

*Dozens of competitive shooters have used this program to win their class, division, or regional titles! It is a comprehensive program that contains: * Planning/Goal Setting Concepts* A Full Mental Training Routine* Physical Fitness Guidelines* Firearm Training Drills (including a full week by week training program)* A Vision training section * And more! Don't forget to order the two-volume set of DVD's that compliment this book! (Competition Handgun Training Program Skills and Drills volumes 1 and 2 on Amazon)*

An examination of women's self-defense culture and its relationship to feminism. I was once a frightened feminist. So begins Martha McCaughey's odyssey into the dynamic world of women's self-defense, a culture which transforms women involved with it and which has equally

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profound implications for feminist theory and activism. Unprecedented numbers of American women are learning how to knock out, maim, even kill men who assault them. Sales of mace and pepper spray have skyrocketed. Some 14 million women own handguns. From behind the scenes at gun ranges, martial arts dojos, fitness centers offering Cardio Combat, and in padded attacker courses like Model Mugging, Real Knockouts demonstrates how self-defense trains women out of the femininity that makes them easy targets for men's abuse. And yet much feminist thought, like the broader American culture, seems deeply ambivalent about women's embrace of violence, even in self-defense. Investigating the connection between feminist theory and women physically fighting back, McCaughey found self-defense culture to embody, literally, a new brand of feminism.

Regardless of your level of training or comfort around firearms, understanding and applying firearm fundamentals will increase your proficiency. Handguns for Self-Defense provides easily understood explanations of what shooters need to do to fire more accurately. Author David Nash has more than twenty years of experience as a firearm instructor and in this book he explores such topics as:

- *How to choose the firearm, holster, and carry method that best fits you, your*

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lifestyle, and your particular protection needs • Understanding state and federal firearm laws • Developing and implementing a safe and effective firearms training regime • How to deal with friends and family who don't like guns • And much more All of this is done without politics, judgments, or complex explanations. Handguns for Self-Defense is a valuable resource for anyone thinking about purchasing a firearm for the first time, exploring carrying a gun for self-defense, or seeking to improve the skills they already have. A Women's Guide to Handling Guns - A Woman's Self-Defense Table of Contents Introduction Chapter 1 Does a Woman Need a Gun for Self-defense? Chapter 2 What type of gun is for me? Chapter 3 How to get started Chapter 4 The Cardinal Rules of Gun Safety Chapter 5 Parts of a Gun Chapter 6 Learning to Fire your Gun Chapter 7 Practical Shooting - the sport Chapter 8 When you are under attack Chapter 9 Additional Safety Precautions Conclusion Author Bio Bonus Content Introduction Mental Attitude Towards Violence How to Stop from Panicking? Facing Your Attacker Rules to Protect Yourself Going Out to a Party? When You Are Walking What If You Are Being Followed? Traveling on Your Own Traveling in Your Car Relationships Going Wrong No Means No To drink Or Not to Drink; That Is the Question Learning How to Fight Back How to Protect

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*Yourself Against Grabs Conclusion Author Bio
Publisher Introduction I wrote this book to share what I have learned in gun handling and to give some idea, not only to women but also to men, of how a woman perceives this man-dominated “gadget” or equipment. I would say that 99% of women who know how to handle a gun or who are engaged in practical shooting as a sport, were influenced by a male in their lives whether it is the father, husband, brother, boyfriend, uncle or a male friend. Gun ownership, inarguably, is a man’s world. But, it did not say that women cannot dip their fingers to it, if it is necessary, or even if she was just plain interested. In my case, the guilty party was my husband who suavely got my nod, first, for him to own a gun and later on, to join him on his shooting practice, tournaments and gun shows. I have to admit that in the beginning, I would cringe whenever I would see him working on his gun (and later on guns). I always have this thought that it will discharge accidentally and someone could get hurt. At that time, I could not even hold a gun. But then, gradually, I warmed up to it ---- I started holding the gun (no bullets, of course) until later on, my husband would be training me on how to hold it properly, how to get the right stance and eventually how to fire it. Believe it or not, within months, I was going with him on his practice shooting and tournaments. At*

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first, I was the photographer and videographer. Eventually, I would be doing my own practice sessions and would join him on tournaments.

[Hearings ... 91-1, H. Res. 17 ... July 28-31; August 4-7, 11, 12, September 17, 18, 1969](#)

[A Woman's Introduction to Defensive Shooting and Personal Safety](#)

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[The Improvement and Reform of Law Enforcement and Criminal Justice in the United States](#)

[Official Gazette of the United States Patent and Trademark Office](#)

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