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How To Restore
Fibreglass
Bodywork

How To Restore Fibreglas S Bodywork

The book offers a
guide in how to
find a suitable
Reliant Regal 3/25
or 3/30 for

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restoration. It then proceeds with a fully illustrated step-by-step guide on how to dismantle a Reliant Regal, and then fully restore the body, chassis, electrics and engine back into showroom condition.

The Ultimate Mini

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Restoration Manual gives you all the info you need to evaluate your skills and attitude, get your garage sorted, choose the right Mini, weld-up the rust, paint it, overhaul the engine, sort the rest of the mechanicals, retrim - then make

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the car faster,
smoother, sharper,
and a lot more fun!
The revised and
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manual on vehicle
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the book up to date
for the current
body repair trade.
It serves as a
comprehensive

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Bodywork
guide covering the vocationally related qualification (VRQ) required by the modern student and apprentice, as well as providing the CPD essential for all working professionals. The entire book is overhauled to reflect current industry trends

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with regards to materials, processes and procedures. New additions include:

- An entirely new section on the work of the MET technician (mechanical, electrical and trim)
- New developments in body repair methodology such

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as repair pods and the greater use of alignment equipment Greater emphasis on the environment with new sections on hybrid vehicles and the hazards of starting current vehicles with high levels of technology Details on both the historic

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and the current
Bodywork
joining methods for
the vintage and
modern markets
Full coverage on
the legalities
surrounding
insurance work for
bodyshop staff
Updated tables and
illustrations This
book not only
provides the
knowledge and

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skills for body repair, it helps to develop a real understanding of the how and why behind this information. It will be essential for anyone studying Levels 1-3 Vehicle Body Repair, Vehicle Refinishing and MET courses, including the new

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apprenticeships and technical certificates from the IMI, Pearson-BTEC and C&G. HNC and degree Automotive Engineering students will find the text valuable to develop skills and knowledge for practical project work. Industry

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professionals,
vehicle restorers
and car DIY
enthusiasts will
continue to find it
an essential and
comprehensive
source of
information.

Demand for Bay
window buses is
booming with
rocketing prices to
match. This is the

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first and only book to address the needs of owners looking to save a Bay bus. The book is packed with clear color photographs showing step by step real life restoration. Whether repairing existing components,

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fabricating new ones, building a race car, or restoring a classic, this is the one book to guide the reader through each critical stage.

The definitive DIY manual on car bodywork repair. Topics range from simple dent and scratch repair to

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fitting complete body panels, with some useful advice on assessing the severity of accident damage. Whether you re just starting out with some filler and a can of touch-up paint or want to become an expert with a spray gun, this book is for you.

[Tips, Techniques &](#)

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Step-by-step
Procedures -

Applies to ALL Meta-
bodied Cars

YOUR step-by-step
colour illustrated
guide to body, trim
& mechanical
restoration

How to Restore
Triumph TR2, 3,
3A, 4 & 4A

How to choose,
restore, paint, trim,

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overhaul, update,
upgrade, grossly
overpower and
generally have fun
with a classic Mini
1948 to 1961

Whitaker's
Cumulative Book
List

How to Restore
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Restoration Manual
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If your car needs
new paint, or even
just a touch-up,
the cost involved
in hiring a

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professional can be more than you bargained for.

Fortunately, there are less expensive alternatives— you can even paint your car at home! In *How to Paint Your Car On A Budget*, author and veteran DIY

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hot rodder Pat Ganahl unveils dozens of secrets that will help anyone paint their own car. From simple scuff-and-squirt jobs to fullon, door-jamb-and-everything paint jobs, Ganahl covers everything

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you need to know
to get a great
looking coat of
paint on your car
and save lots of
money in the
process. This book
covers painting
equipment, the ins
and outs of prep,
masking, painting
and sanding

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products and techniques, and real-world advice on how to budget wisely when painting your own car. It's the most practical automotive painting book ever written!

Step-by-step guide

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to building a
dream sports car
on a budget.

Based on available
Ford mechanical
components: use a
straight 4 or V8
engine, including
Pinto, Zetec or
Rover K-Series or
motorcycle engine.
All parts available

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Bodywork
from Tiger
Sportscars.

The Norton
Commando is a
motorcycle with an
ohv pre-unit
parallel-twin
engine, produced
by the Norton
Motorcycle
Company from
1967 until 1977.

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With over 700
colour

photographs, this book provides step-by-step guides to restoring every component of this classic bike.

Topics covered include how to find a worthy restoration project;

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setting up a
Bodywork
workshop with key
tools and
equipment;
dismantling the
motorcycle to
restore the
chassis, engine
cradle and swing
arm; restoring the
isolastic
suspension, forks

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and steering;
Bodywork
tackling the
engine,
transmission,
carburetors,
electrics, ignition
and instruments
and, finally,
overhauling
wheels and
brakes, and
replacing tyres.

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There is also a chapter on the assembly of a restored 'Five Times Machine of the Year' motorcycle.

Helps drivers learn how to protect the environment by suggesting good driving practices,

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proper car
maintenance,
recycling
automotive items,
following
manufacturers'
operational
recommendations,
& considering the
environment when
buying a car.
Additional topics

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include proper tire pressure, gasolines & fuels, motor oils, emission controls, cooling systems, & finding a good automotive repair shop. Covers common myths about cars & the environment &

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everything from
safety precautions
to materials
selection to the
final lamination
process. Practice
exercises offer

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experience for working with glass cloth, mat, core materials, and resins. Information is provided on molding, structural concepts, and the caring for cured fiberglass. There is even a list of

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suppliers, repair techniques for materials other than fiberglass, and a complete section on covering wood with fiberglass. Book jacket.

[How to Fabricate
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Fiberglass &](#)

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Carbon Fiber Parts
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in Motor Vehicle
Repair

1968-1982

A Journal

Published in the
Interests of the
Mechanically

Propelled Road
Carriage

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Triumph Tr2, Tr3
and Tr3a

The Essential

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How to Paint Your

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Manual

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Revised New
Edition

Your Step-by-step
Guide to Body,
Trim and
Mechanical
Restoration

The step-by-step
guide to planning
and restoring your

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car in the most cost-effective way.

Includes body, trim and mechanical restoration, left- to right-hand drive conversion, clubs, specialists and suppliers, welding and restoration techniques, and advice on what work to sub-contract.

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Restoring a fibreglass yacht is not something for the faint-hearted, even if you don't intend to do all the work yourself (you still need to understand the processes to be gone through). But the satisfaction of the job well done,

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not to mention the possible cost savings on buying a new yacht, are immense.

Nevertheless, it is not something that should be undertaken lightly and without careful consideration. That is where this book comes in, as Enric

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Roselló takes you through his restoration of a 30-year-old 40-foot yacht. Broken down into 46 chapters, Enric details the stages of his restoration in chronological order. For each he starts with an overview of the task and the

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thinking behind the approach he took.

Just these introductory pieces alone are ideal for someone contemplating a restoration (of all or part of a boat) to read before making the final decision as to whether to go ahead. For those

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who decide to take on the challenge, each overview is followed by an in-depth step-by-step account of what they did, accompanied by numerous informative photo sequences (with over 800 colour photos in total). The

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material in this book would be invaluable both to boat owners who are considering a complete overhaul and to those who have one or two smaller jobs to do. All possible subjects are covered, including dealing with osmosis, the interiors, deck,

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rigging, electrics
and electronics,
plumbing, engine,
galley, heads and
much more. The
author is very
honest about the
amount of work and
commitment
required and also
offers advice about
when to call in the
professionals and

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when to consider doing the work yourself. Anyone contemplating a complete or partial restoration is advised to read this book beforehand, so you know what is ahead, and to follow its guidance if you to decide to proceed.

The story of

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restoring an Elan +2
and Elan Sprint to
concourse edition.

Advice on how to
purchase a suitable
car for restoration
plus detailed
practical information
on preparing
bodywork, trim,
chassis,
suspension, wheels,
hydraulics, engine,

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electrics & wiring
etc. 24 Chapters,
plus appendices,
give information on
chassis changing,
body restoration,
including Elan +2
sills, rebuilding the
Lotus/Ford Twin
Cam engine,
electrics including
fitting a new loom,
insight to tuning and

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running in, Elan developments, a remarkable Elan +2 Estate, rebirth of an accident damaged Sprint.

Many interesting classic cars are ever increasing in value, and the XK120, XK140 and XK150 models are certainly among that

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category. This is the essential guide to those models – an important read for owners, but more crucially, a constant reference guide to keep with you when viewing a potential purchase. It will help you identify the model that suits you, tell you what to

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look for when inspecting a car, and provide you with all the necessary procedures to go through to ensure the car is what it appears to be.

A guide to body and chassis restoration offers advice on all aspects of

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restoration for metal-bodied cars, including patching panels, removing dents, and protecting against rust.

This book brings together all of the author's TR 2, 3, 3A, 4 & 4A expertise in one easy to use, completely updated

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and revised edition.
Includes body, trim
and mechanical
restoration, left- to
right- hand drive
conversion, clubs,
specialists and
suppliers, welding
and restoration
techniques, and
advice on which
work to subcontract.

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Motorcycles: general interest.

This restoration guide provides in-depth, step-by-step information of common restoration procedures and features brilliant color photos so the reader can complete a bumper-to-bumper

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restoration in their
own garage.

Since its first edition in 1964, owners and professionals have relied upon this classic reference to understand the many facets of fiberglass boat construction. Now completely updated, it is an invaluable,

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nontechnical resource for expert information on the principles of fiberglass construction, as well as sound practice. Author Hugo du Plessis focuses on the kind of boats that dominate the used market, examining fiberglass's

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durability, weaknesses, effects of use, and the latest research into causes of blistering--or osmosis. His advice will help owners extend the life of their fiberglass boats and prevent would-be owners from purchasing craft that are soon to fail.

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Living a mobile lifestyle is now more possible than ever before. It's the new option. Forget hostel costs or rent. You have transport and your have a home. You're free to travel the world and you can do it on a budget. This book shows you how.

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In this highly illustrated edition Kenny Barclay offers a fascinating recollection of how he restored four of his buses.

The Corvette C2, or second generation Corvette, is among the most popular of all Corvettes ever built. This book

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offers an ample amount of step-by-step information in color and focus on real-world restoration techniques.

[How to Restore Volkswagen Bus 750GT, Sport and Sport S, 860GT, GTE, GTS, 900 SS, GTS, SD, SSD,](#)

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Their Purchase and
Restoration

Jaguar XK 120, 140
& 150

The Restoration
Handbook for

Yachts

How to Restore

Reliant Regal

**"Amazing self-
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moulding
techniques,
vacuum-forming
polycarbonates,
creating interior
trim, adapting**

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**standard mass-
production**

**components and
much, much
more."--t.p.**

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choosing the
right Ducati bevel
twin, with a
comprehensive
inspection guide
and in-depth**

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Twins covers
desirable
upgrades,
modifications to
avoid, valuation
and predicting
which models will
become
collectible (if**

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**they aren't
already).**

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throughout with
photos of key
areas to check
and foibles to be
aware of, and
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ranging from the
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suit you and your
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the complete
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choosing,
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bevel twin of
your dreams.
Written by Ian
Falloon, an
expert who**

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**enjoyed a close
association with
the factory and
the engineers
during the period
these bikes were
manufactured,
providing him
with an
invaluable insight
into their
development. He
has been**

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**involved with
Ducati**

**motorcycles, and
bevel twins in
particular, for
nearly 40 years
and, in addition
to writing several
books covering
these models, he
is an avid
restorer with
over 20 bevel**

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**twin restorations
to his credit.**

**Ducati's classic
750, 860 900 and
Mille bevel-drive
twins from
1971-1986 are
now among the
most collectable
bikes in the
world. Although
built in relatively
small numbers,**

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there are many individual model differences that can make their authentic restoration difficult. This book serves as a definitive guide to authenticity and gives hands-on restoration tips and

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should start the project without reading this book, which is based on the real world experience of many owners and specialists who have re-engined MGBs in the past. Avoid expensive mistakes and

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pitfalls and end up with a car that performs, handle and brakes superbly by following the detailed advice compiled over many years by MGB expert, Roger Williams.

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How to Build
Tiger Avon Or
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